

IS IT TIME to ...

just jump right in?
+ / or
get out of the way?



CONNECTING WITH CREATIVITY

Have you ever reminisced about or wondered about tapping into your potential creativity? Being involved with creative media or activities can enrich your life in many ways.

Join us to participate in art-based activities as we use art therapy techniques to take the first step in exploring or reconnecting with your creative potential.

Sunday 25 November, 1.30pm-6pm. Victoria Park Centre for the Arts, Kent Street.

Cost: \$130.00 (includes materials)

Facilitator: Dianne Smith, Transpersonal Art Therapist and Designer diannesmithdesign.com

Enrolment or inquiries: 0413 034 348 diannejsmith9@gmail.com